



# NORTHEAST OREGON RESOURCE GUIDE

Baker, Union, & Willowa



OREGON  
**RIGHT  
TO LIFE**

EDUCATION FOUNDATION





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# INTRODUCTION

*You are not alone.*

There are life-affirming resources and support available in your community.

This resource guide provides a curated list of high-quality, compassionate resources that are available in your community. From pregnancy resource centers and diaper banks to food pantries, each resource has been carefully selected to connect you with the full spectrum of care available in Northeast Oregon.

Don't know where to start? Need additional resources? Contact us at 503-463-8563 or [community@ortl.org](mailto:community@ortl.org) to connect with additional support systems in your area.



*Design by Katana Liebelt*

*Resources provided by Oregon Right to Life Education Foundation*





# PREGNANCY RESOURCES

# PREGNANCY

## Abortion Pill Reversal

- 📞 1 (877) 558-0333 - 24/7 line
- ✉️ help@apr.life - immediate help  
info@apr.life - non-emergency
- 🌐 [abortionpillreversal.com](http://abortionpillreversal.com)

- 📄 Free, confidential help, information about the abortion pill reversal process, the abortion pill itself, & information on all your pregnancy options. Quickly connects you to the local assistance you need.

## Compassionate Care of Wallowa County

- 📞 (541) 263-0505
- ✉️ christcovenantwallowa@gmail.com
- 🏠 Opening Soon

- 📄 Free & confidential services  
Resources & referral information

## Next Step Pregnancy & Relationship Center

- 📞 (541) 963-6918  
(800) 712-4357 - 24/7 hotline
- ✉️ nextsteppic@outlook.com
- 🌐 [www.nextstepprc.org](http://www.nextstepprc.org)
- 🏠 902 D Ave  
La Grande, OR 97850
- 🕒 Tues - Thurs  
11 AM - 3 PM

- 📄 Free & confidential services  
Pregnancy tests  
Baby bundle boxes  
Clothing & baby boutique  
Online education classes  
Men's mentorship  
Memorial garden  
Pregnancy option guidance  
Reproductive loss support  
Post-abortive healing  
Adoption support



## Rachel Pregnancy Center

- ☎ (541) 523-5357
- ✉ [info@bakerpregnancyhelp.org](mailto:info@bakerpregnancyhelp.org)
- 🌐 [www.bakerpregnancyhelp.org](http://www.bakerpregnancyhelp.org)
- 🏠 2192 Court Ave  
Baker City, OR 97814
- 🕒 Tues - Thurs  
10 AM - 12 PM  
1 PM - 4 PM

- 📍 Free & confidential services
- Pregnancy tests
- Referral for free ultrasound
- Pregnancy education
- Adoption referrals
- Pregnancy option education
- Maternity clothes
- Baby items & furniture
- Online education classes
- Abortion recovery support





# COMMUNITY RESOURCES



# BAKER COUNTY

# COUNSELING

## NE Oregon Compassion Center



(541) 523-9845



nocc.frontdesk@gmail.com



1250 Hughes Ln  
Baker City, OR 97814



Christian counseling  
Grief & loss support  
Restoration ministry  
Call for appointment



# FAMILY SUPPORT

## Baker Relief Nursery



(541) 239-5054



info@bakerreliefnursery.org



1925 16th St  
Baker City, OR 97814



Therapeutic classroom  
Home visits  
Outreach services  
Respite childcare



Mon - Thurs  
8 AM - 4 PM  
Fri 8 AM - 12 PM

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## NE Oregon Compassion Center



(541) 523-9845



nocc.frontdesk@gmail.com



1250 Hughes Ln  
Baker City, OR 97814



Clothing boutique  
Free cribs for kids  
Life skills classes



Wed & Thurs  
9 AM - 12 PM  
1 PM - 3 PM

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## People Helping People



(541) 406-8778



2017 Main St  
Baker City, OR 97814



Free/discounted  
clothing & furniture



Mon - Sat  
9 AM - 5 PM

# FAMILY SUPPORT

## Safe Families for Children



(541) 523-9845



[jerickson@safefamilies.net](mailto:jerickson@safefamilies.net)



1250 Hughes Ln  
Baker City, OR 97814



Hosts & supports  
families in crisis



## COMMUNITY RESOURCES

# FIREWOOD

### NE Oregon Compassion Center



(541) 523-9845



Firewood



nocc.frontdesk@gmail.com




1250 Hughes Ln  
Baker City, OR 97814



# FOOD PANTRY

## Baker County Senior Center

 (541) 523-6591

 info@ccno.org

 2810 Cedar St  
Baker City, OR 97814


 Harvest Share

Thur

10:30 AM - 12 PM



## Halfway Lions Club

 (541) 742-7892

 halfwaylionsclub@gmail.com

 235 Lion St  
Halfway, OR 97834


 Food Boxes

3rd Mon


11:30 AM - 12:30 PM



## Huntington Food Bank

 (541) 823-6229

 info@ccno.org

 25 W Washington St  
Huntington, OR 97907

 Food Boxes

3rd Sat

9 AM - 11 AM



Service	Description
Food Boxes	income guidelines apply
Harvest Share	no income guidelines - seasonal fresh produce (bring a bag)



## COMMUNITY RESOURCES

# FOOD PANTRY

### NE Oregon Compassion Center



(541) 523-9845



Food Boxes



nocc.frontdesk@gmail.com

Tues & Wed



1250 Hughes Ln  
Baker City, OR 97814

Call for appointment

Thursday 9 AM - 3 PM

### Salvation Army



(541) 523-5853



Food Boxes



info@ccno.org

Mon, Wed, & Fri






2505 Broadway St  
Baker City, OR 97814



1:30 PM - 3:30 PM



# HOUSING ASSISTANCE

## Community Connection of NE Oregon




 (541) 523-6591  
 [info@ccno.org](mailto:info@ccno.org)  
 2810 Cedar St  
Baker City, OR 97814


 Homeownership programs   
Utility assistance  
Emergency housing funding  
Mon - Fri  
8 AM - 4 PM



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## NE Oregon Housing Authority (NEOHA)


 (541) 963-5360  
 [info@neoha.org](mailto:info@neoha.org)  
 2608 May Lane  
La Grande, OR 97850

 Affordable housing programs   
Mon - Thur  
8:30 AM - 12 PM  
1 PM - 4:30 PM



# SHOWERS

## Baker Truck Corral

 (541) 523-3952

 [btc@fmtc.com](mailto:btc@fmtc.com)

 515 Campbell St  
Baker City, OR 97814


 Shower & Laundry

Open 24/7





# TRANSPORTATION

## NE Oregon Public Transportation

 (541) 523-7433

 [info@ccno.org](mailto:info@ccno.org)

 2810 Cedar St  
Baker City, OR 97814

 Transportation

Call or check website for  
route & schedules



A photograph of a sunflower field at sunset. The sun is low on the horizon, creating a warm, golden glow. The sunflowers are in various stages of bloom, with some fully open and others still budding. The background shows rolling hills under the soft light of the setting sun. A dark blue diagonal overlay covers the bottom half of the image, providing a background for the text.

# UNION COUNTY

# FAMILY SUPPORT



## People Helping People



(541) 910-8363



2635 Bearco Loop  
La Grande, OR 97850



Thrift items  
Daily food box  
Free shelter items



Mon - Sat  
9 AM - 4 PM


UNION




## COMMUNITY RESOURCES


# FIREWOOD

### Neighbors Together of Union County

 (541) 963-9126

 outreach.grv@gmail.com

 3309 N Umatilla St  
La Grande, OR 97850

 Emergency firewood  
Call for appointment

Nov - Apr  
3rd Sat  
9 AM - 12 PM






## COMMUNITY RESOURCES

# FOOD PANTRY






### Catherine Creek Community Center


 (541) 562-2038  
 ccccenter667@gmail.com  
 667 Main St  
Union, OR 97883

 Food Boxes  
3rd Fri  
10 AM - 11 AM  
  
Community Meal  
2nd Fri  
11:30 AM - 1:30 PM






### Cove Food Pantry


 (541) 910-1810  
 info@ccno.org  
 1708 Jasper St  
Cove, OR 97824

 Food Boxes  
4th Sat  
9 AM - 11 AM  
  
Fresh Alliance  
Tues 10 AM - 11 AM



### Elgin Food Bank

 (541) 910-4585  
 elginfoodbank.or@gmail.com  
 850 N Alder St  
Elgin, OR 97827

 Food Boxes  
4th Sat  
9:30 AM - 11:30 AM  
  
Fresh Alliance  
Wed 2 PM - 3 PM



Service	Description
Food Boxes	income guidelines apply
Fresh Alliance	includes grocery rescue products (bring a bag)
Harvest Share	no income guidelines - seasonal fresh produce (bring a bag)





## COMMUNITY RESOURCES

# FOOD PANTRY

### Haven From Hunger



(541) 786-3663



900 6th St  
La Grande, OR 97850



Non-perishable foods  
Hygiene & cleaning products



UNION

### K House - EOU Students Only



(541) 605-0425



admin@khouseeou.org



900 6th St  
La Grande, OR 97850



EOU student  
meal provision



Breakfast: Mon & Wed  
7:30 AM - 10 AM

Dinner: Thur 6 PM

### Neighbors Together of Union County



(541) 805-0073



outreach.grv@gmail.com



Mt. Life Church  
10700 Walton Rd  
Island City, OR 97850



Laundry & gas vouchers






Food Boxes  
Last Tues  
10 AM - 12 PM


Fresh Alliance  
Tues 10 AM - 11 AM

# FOOD PANTRY



## North Powder Food Bank




 (541) 709-1045  
 [info@ccno.org](mailto:info@ccno.org)  
 390 E St  
North Powder, OR 97867


 Food Boxes  
3rd Fri  
2 PM - 4 PM  
Fresh Alliance  
Thurs 2 PM - 3 PM



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## Union County Senior Center




 (541) 963-7532  
 [info@ccno.org](mailto:info@ccno.org)  
 1504 Albany St  
La Grande, OR 97850



 Harvest Share  
Mon - Wed & Fri  
8 AM - 4 PM  
Thurs  
8 AM - 1 PM  
3:30 PM - 4 PM  
Houseless Pantry  
Mon - Fri  
9 AM - 12 PM  
1 PM - 4:30 PM



# HOUSING ASSISTANCE

## Community Connection of NE Oregon




 (541) 963-3186  
 [info@ccno.org](mailto:info@ccno.org)  
 2802 Adams Ave  
La Grande, OR 97850



 Homeownership programs   
Utility assistance  
Emergency housing funding  
Mon - Fri  
8 AM - 5 PM



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## NE Oregon Housing Authority (NEOHA)

 (541) 963-5360  
 [info@neoha.org](mailto:info@neoha.org)  
 2608 May Lane  
La Grande, OR 97850

 Affordable housing programs   
Mon - Thur  
8:30 AM - 12 PM  
1 PM - 4:30 PM



# RECOVERY & REHABILITATION



## Underground Oasis

UNION

☎ (541) 663-7011 - Kirk  
(541) 786-3221 - Dale  
(541) 786-2457 - Tami

🏠 307 Greenwood Ave  
La Grande, OR 97850

📍 Recovery support group  
Tues, Thur, & Fri  
6 PM

Dinner & fellowship  
Sat 5:30 PM



# SHOWERS/SHELTER

## Flying J Truck Stop

☎ (541) 963-3432

🏠 63276 Oregon Hwy 203  
La Grande, OR 97850

📍 Shower facilities  
Minimal cost  
Open 24 hours



## Union County Warming Station

☎ (541) 910-6265

🏠 501 3rd St  
La Grande, OR 97850


📍 Overnight shelter  
Nov 15th - Mar 15th  
7 Days/Week  
6 PM - 8 AM




# TRANSPORTATION




## NE Oregon Public Transportation

 (541) 963-2877

 [info@ccno.org](mailto:info@ccno.org)

 2204 E Penn  
La Grande, OR 97850

 Transportation  
Call or check website for  
route & schedules





# WALLOWA COUNTY

# FAMILY SUPPORT




## Building Healthy Families Diaper Bank

 (541) 426-9411

 [info@oregonbhf.org](mailto:info@oregonbhf.org)

 207 NE Park St  
Enterprise, OR 97828

 Free diapers & wipes  
Parent education classes

Mon - Thur  
8 AM - 3:30 PM





## COMMUNITY RESOURCES

# FOOD PANTRY

### Building Healthy Families



(541) 426-9411



Harvest Share



info@oregonbhf.org

Call for distribution hours



207 NE Park St  
Enterprise, OR 97828

### Enterprise Food Bank



(541) 426-3840



Food Boxes



info@ccno.org

Tues & Thur

8 AM - 11:45 AM



702 NW 1st St  
Enterprise, OR 97828

1 PM - 3:45 PM

### Enterprise Senior Center



(541) 426-3840



Fresh Alliance



info@ccno.org

Wed & Fri

Beginning at 11 AM






702 NW 1st St  
Enterprise, OR 97828



Service	Description
Food Boxes	income guidelines apply
Fresh Alliance	includes grocery rescue products (bring a bag)
Harvest Share	no income guidelines - seasonal fresh produce (bring a bag)

# FOOD PANTRY



## Harvest Share




 (541) 426-4502  
 [info@ccno.org](mailto:info@ccno.org)  
 603 Medical Parkway  
Enterprise, OR 97828



 Call for distribution hours   
Other locations:  
401 N Main St  
Joseph, OR 97846  
605 W Hwy 82  
Wallowa, OR 97885



WALLOWA




## The Place @ Joseph UMC



 (541) 426-3102  
 [office@josephumc.org](mailto:office@josephumc.org)  
 301 S Lake St  
Joseph, OR 97846

 Fresh Alliance   
Mon & Fri  
Beginning at 11:30 AM



## Wallowa Food Bank

 (541) 426-3840  
 [info@ccno.org](mailto:info@ccno.org)  
 211 E 2nd St  
Wallowa, OR 97885

 Food Boxes   
Thur  
2:30 PM- 4:30 PM



## COMMUNITY RESOURCES

# FOOD PANTRY

### Wallowa Senior Center



(541) 426-3840



info@ccno.org



204 2nd St  
Wallowa, OR 97885



Fresh Alliance

Wed & Fri

Beginning at 11:30 AM



WALLOWA

# HOUSING ASSISTANCE

## Community Connection of NE Oregon

📞 (541) 426-3840

✉️ [info@ccno.org](mailto:info@ccno.org)

🏠 702 NW 1st St  
Enterprise, OR 97828

📍 Homeownership programs 🌐  
Utility assistance  
Emergency housing funding

Mon - Fri  
8 AM - 5 PM



## NE Oregon Housing Authority (NEOHA)

📞 (541) 963-5360

✉️ [info@neoha.org](mailto:info@neoha.org)

🏠 2608 May Ln  
La Grande, OR 97850

📍 Affordable housing programs 🌐

Mon - Thur  
8:30 AM - 12 PM  
1 PM - 4:30 PM



# TRANSPORTATION

## NE Oregon Public Transportation



(541) 426-3840



info@ccno.org



702 NW 1st St  
Enterprise, OR 97828



Transportation

Call or check website for  
route & schedules





# NATIONAL RESOURCES

## NATIONAL RESOURCES

# PREGNANCY

### Abortion Pill Reversal

- 📞 1 (877) 558-0333 - 24/7 line
- ✉️ help@apr.life - immediate help  
info@apr.life - non-emergency contact
- 🌐 [abortionpillreversal.com](http://abortionpillreversal.com)

- 📘 Free, confidential help, information about the abortion pill reversal process, the abortion pill itself, & information on all your pregnancy options. Quickly connects you to the local assistance you need.

### For Every Woman

- ✉️ info@foreverywoman.org
- 🌐 [foreverywoman.org](http://foreverywoman.org)

- 📘 Connecting you with high-quality, no-cost medical care, & resources for pregnancy & beyond.

### Love Line

- 📞 (888) 550-1588 - call or text
- 🌐 [loveline.com](http://loveline.com)

- 📘 Providing individualized support and comprehensive case management for pregnant and parenting women and families with multiple complex needs.

### Option Line

- 📞 1 (800) 712-4357 - call or text
- 🌐 [optionline.org](http://optionline.org)

- 📘 Call the hotline or use the online chat to explore your pregnancy options.

### ProLove Ministries




- 📞 (833) 477-6588
- 🌐 [proloveministries.org](http://proloveministries.org)


- 📘 Connecting women & families with resource organizations.

# PREGNANCY





## Standing With You

-  (540) 834-4600
-  [pregnancyresources@standingwithyou.org](mailto:pregnancyresources@standingwithyou.org)
-  [standingwithyou.org](http://standingwithyou.org)

 Support & resource connections for pregnant & parenting women.

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## StandUpGirl Foundation


-  (503) 554-5683
-  [standupgirl.com](http://standupgirl.com)

 Pregnancy resource directory & support.

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## Worldwide Pregnancy Directory

-  [heartbeatinternational.org/worldwide-directory](http://heartbeatinternational.org/worldwide-directory)

 Worldwide directory of pregnancy resources.





# ABORTION HEALING

## Helpline for Abortion Recovery

📞 1 (866) 482-5433

📄 24/7 helpline staffed by trained consultants who provide a confidential, safe place to share your story.

## Choices: After Abortion Support

📞 (423) 266-8322 - call or text

🌐 [afterabortionsupport.com](http://afterabortionsupport.com)

📄 Confidential support & a safe place to talk about your abortion experience.

## GriefShare

📞 (800) 395-5755

✉ [info@griefshare.org](mailto:info@griefshare.org)

🌐 [griefshare.org](http://griefshare.org)

📄 Find a grief & loss support group near you.

## Healing Hearts Ministry

📞 (505) 355-6922

🌐 [healinghearts.org](http://healinghearts.org)

📄 Studies for those healing from past experiences with abortion & other experiences.

## HEART

📞 (540) 885-6261

✉ [contact@ccwomenshealth.org](mailto:contact@ccwomenshealth.org)




🌐 [supportcc.org](http://supportcc.org)


📄 Abortion recovery & support groups for women grieving past abortion decisions.

# ABORTION HEALING






## Rachel's Vineyard


-  (610) 354-0555
-  [2assistant@rachelsvineyard.org](mailto:2assistant@rachelsvineyard.org)
-  [www.rachelsvineyard.org](http://www.rachelsvineyard.org)

-  Weekend retreats with a supportive, confidential, & non-judgmental environment where women & men can begin the post-abortion healing process

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## SaveOne


-  (615) 636-2654
-  [info@saveone.org](mailto:info@saveone.org)
-  [saveone.org](http://saveone.org)

-  Helping men, women, & families recover after abortion.

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## Silent No More


-  (412) 749-0455  
(888) 735-3448
-  [mail@silentnomore.com](mailto:mail@silentnomore.com)
-  [silentnomoreawareness.org](http://silentnomoreawareness.org)

-  Abortion healing & awareness.

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## Surrendering the Secret

-  [stsiinternational15@gmail.com](mailto:stsiinternational15@gmail.com)
-  [surrenderingthesecret.com](http://surrenderingthesecret.com)


-  A ministry to help women & men heal from the hurt of abortion




# SUPPORT FOR SPECIAL CASES


## Be Not Afraid

 [benotafraid.net](http://benotafraid.net)


 Referrals to support for parents carrying to term following a prenatal diagnosis.


## Carrying to Term

 [carryingtoterms.org](http://carryingtoterms.org)

 Providing non-directive information on pregnancy continuation for prenatal diagnoses of life-limiting conditions.

## National Down Syndrome Society

 (800) 221-4602

 [info@ndss.org](mailto:info@ndss.org)


 [ndss.org](http://ndss.org)

 Empowering individuals with Down syndrome & their families.

## Prenatal Diagnosis

 (888) 517-5588 - 24/7 call or text

 [prenataldiagnosis.org](http://prenataldiagnosis.org)

 Support & connections for parents who have received a prenatal test result for their child.

## SOFT

 [trisomy.org](http://trisomy.org)

 Empowering families with children diagnosed with Trisomy 18, 13, & related chromosomal disorders.

# SUPPORT FOR SPECIAL CASES

## Verity's Village



 [veritysvillage.com](https://veritysvillage.com)


**i** A community providing hope, encouragement, education, & practical support for families who receive a life-limiting prenatal diagnosis for their babies.





# OTHER SUPPORT


## Adoption Network

 1 (800) 367-2367  
 [adoptionnetwork.com](http://adoptionnetwork.com)



 An independent adoption center providing caring professional adoption services for birth mothers & adoptive parents nationwide.


## A New Beginning Adoption Agency

 208-939-3865  
 [adoptanewbeginning.org](http://adoptanewbeginning.org)

 Adoption agency based in Boise, Idaho that facilitates adoptions throughout the United States.


## And Then There Were None

 (888) 570-5501 - call or text  
 [abortionworker.com](http://abortionworker.com)




 Support for those quitting jobs in the abortion industry.


## Safe Families

 (773) 653-2200  
 [info@safefamilies.net](mailto:info@safefamilies.net)  
 [safe-families.org](http://safe-families.org)

 A network of caring and compassionate volunteers supporting families facing social isolation.

## Safe House Project

 (507) 769-0819  
 [info@safehouseproject.org](mailto:info@safehouseproject.org)  
 [safehouseproject.org](http://safehouseproject.org)

 Working to eradicate sex trafficking. Provides safe houses, emergency services, & education.

# OTHER SUPPORT



## The Abortion Survivor Network



(816) 737-8685



Support for abortion survivors.



[abortionurvivors.org](https://abortionurvivors.org)







OREGON  
**RIGHT  
TO LIFE**

EDUCATION FOUNDATION

## Contact Us



(503) 463-8563



community@ortl.org



4335 River Rd. N.  
Keizer, OR 97303



[www.ortl.org](http://www.ortl.org)

## Follow Us

