

# Lane County **RESOURCES**

A comprehensive guide to local and national pregnancy and community resources for you.



# Lane County Resource Guide

Designed by Ellaynah Brown

Resources provided courtesy of  
Oregon Right to Life  
Education Foundation



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**You are not alone.**

There are life-affirming resources and support available in your community.

This resource guide provides a curated list of high-quality, compassionate resources that are available in your community. From pregnancy resource centers and diaper banks to food pantries, each resource has been carefully selected to connect you with the full spectrum of care available in **Lane County.**

Don't know where to start?  
Need additional resources?  
Contact us at **503-463-8563**  
or **community@ortl.org** to  
connect with additional  
support systems in your area.





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# Pregnancy & Support **RESOURCES**

**Pregnancy Resource Centers**

**Abortion Healing Ministries**

**Abortion Pill Reversal**

# Lane County

## PREGNANCY RESOURCE CENTERS

### 1st Way

Free pregnancy tests, ultrasounds, and baby supplies.



[1st-way.org](http://1st-way.org)



(541) 687-8651



[firstwayeugene@gmail.com](mailto:firstwayeugene@gmail.com)



1162 B St Ste 213  
Springfield, OR 97477

### Dove Medical

Free and confidential pregnancy testing, ultrasounds, decision coaching, prenatal education, and material supplies.



[dovemedical.org](http://dovemedical.org)



(541) 345-3683



[info@dovemedical.org](mailto:info@dovemedical.org)



487 E 11th Ave  
Eugene, OR 97401

### Pregnancy & Parenting Center

Free and confidential pregnancy tests, pregnancy support, parenting education, and reproductive loss support.



[pregnancyandparentingcenter.com](http://pregnancyandparentingcenter.com)



(541) 902-2273



[caringpc@oregonfast.net](mailto:caringpc@oregonfast.net)



475 Laurel St  
Florence, OR 97439



Lane County

# ABORTION HEALING MINISTRIES

## Rachel's Vineyard — Eugene

Weekend retreats with a supportive, confidential, and non-judgmental environment where women and men can begin the post-abortive healing process.



(541) 350-7859



[info@project-aurora.org](mailto:info@project-aurora.org)

National

National

# ABORTION PILL REVERSAL

## Abortion Pill Reversal

Free, confidential help and information about the abortion pill reversal process. Quickly connects you to local assistance.



[abortionpillreversal.com](http://abortionpillreversal.com)



1-877-558-0333



[help@apr.life](mailto:help@apr.life) - immediate help  
[infor@apr.life](mailto:infor@apr.life) - non-emergency



# Did You Know?

You can find pregnancy resources near you on the [Oregon Right to Life](https://www.ortl.org/care) website!



[ortl.org/care](https://www.ortl.org/care)

Visit our website to get a full list of resources in your region and nationally.



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# Education & Support **RESOURCES**

**Education & Training**

**Recovery & Rehabilitation**

**Counseling**



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# Education & Training


# Lane County

# EDUCATION & TRAINING


## ACT for Families

Parenting classes and workshops.

 [facebook.com/actforfamilies](https://facebook.com/actforfamilies)

 (541) 833-0017

 [info@actforfamilies.org](mailto:info@actforfamilies.org)


 1776 Millrace Dr.  
Eugene, OR 97403

## Adaptive Recreation Services

Year-round community-based recreational, social, and educational programs for Eugene area children, teens, and adults with disabilities.

 [eugene-or.gov](https://eugene-or.gov)

 (541) 682-5311


 2580 Hilyard St  
Eugene, OR 97405

## Bridgeway House — Eugene

Offers treatments, developmental therapies, enrichment courses, and support for children and families with autism and related disabilities.

 [bridgewayhouse.org](https://bridgewayhouse.org)

 (541) 345-0805

 555 E 15th Ave  
Eugene, OR 97401

## CAFA (Christians As Family Advocates)

Offers a range of classes, trainings, therapy, and resources covering topics like domestic violence, substance abuse, accountability, brain function, relationships, and emotions.

 [cafaweb.com](https://cafaweb.com)

 (541) 686-6000

 921 Country Club Rd  
Ste #222  
Eugene, OR 97401

## Center for Community Counseling

Counseling and group classes, including men's support, grandparents raising grandchildren support, and more.



[ccceugene.org](http://ccceugene.org)



(541) 344-0620



[info@ccceugene.org](mailto:info@ccceugene.org)



1465 Coburg Rd  
Eugene, OR 97401

## Child & Family Center at U of O

Supports families with children ages 2-17 by providing affordable mental health services and parent skills training.



[pages.uoregon.edu/cfc](http://pages.uoregon.edu/cfc)



(541) 346-4910



[cfcclinic@uoregon.edu](mailto:cfcclinic@uoregon.edu)



1600 Millrace Dr #103  
Eugene, OR 97403

## Cornerstone Community Housing

Affordable housing & services for low-income individuals. Youth programs include art, education, and recreation services.



[cornerstonecommunityhousing.org](http://cornerstonecommunityhousing.org)



(541) 683-1751



[info@cornerstonecommunityhousing.org](mailto:info@cornerstonecommunityhousing.org)



1175 Charnelton St  
Eugene, OR 97401

## Downtown Languages

Supports immigrants and promotes cultural understanding through language, literacy, and education programs. Classes are available online or on location in Bethel, Springfield, and Cottage Grove.



[downtownlanguages.org](http://downtownlanguages.org)



(541) 686-8483



532 C St  
Springfield, OR 97477

## Early Childhood CARES — U of O

Provides free early intervention and special education services for infants, toddlers, and preschoolers.



[earlychildhoodcares.uoregon.edu](http://earlychildhoodcares.uoregon.edu)



(541) 997-1513



[eccares@uoregon.edu](mailto:eccares@uoregon.edu)



1500 West 12th Avenue  
Eugene, OR 97402




Lane County

# EDUCATION & TRAINING

## Early Childhood Hub of Lane County

Supports parents in nurturing children aged birth to 8 through affordable play and learning options.

 [earlychildhoodlane.org](http://earlychildhoodlane.org)

 (541) 741-6000

 [education@unitedwaylane.org](mailto:education@unitedwaylane.org)

 3171 Gateway Loop  
Springfield, OR 97477

## Helping Hands Coalition

Living cost relief through complimentary meals, essential services, including customized financial relief plans, health behavior education, and personalized money management guidance.

 [helpinghandsflorence.org](http://helpinghandsflorence.org)

 (541) 997-5057


 [helpinghands1269@gmail.com](mailto:helpinghands1269@gmail.com)

 4590 U.S. 101  
Florence, OR 97439

## Lane County Community College GED Preparation

A comprehensive GED preparation program with classes, tuition waivers, scholarships, and options for teens.

 [lanecc.edu](http://lanecc.edu)


 (541) 463-5214

 [abse@lanecc.edu](mailto:abse@lanecc.edu)

 4000 E 30th Ave  
Eugene, OR 97405

## Parenting Now

Providing parents and educators with tools to create healthy and safe environments for children.

 [parentingnow.org](http://parentingnow.org)


 (541) 484-5316


 86 Centennial Loop  
Eugene, OR 97401

## YMCA — Eugene

American Red Cross Trainings, sports camps, early learning, child care, health & wellness, swim lessons, teen activities, tennis, etc.

 [eugeneymca.org](http://eugeneymca.org)

 (541) 686-9622

 2055 Patterson St  
Eugene, OR 97405

## Preschool Promise

Free full-time preschool, parenting support, early learning resources, and guides to free or low-cost play and learning options.

 [earlychildhoodlane.org](http://earlychildhoodlane.org)

 (541) 741-6000


 [education@unitedwaylane.org](mailto:education@unitedwaylane.org)

 3171 Gateway Loop  
Springfield, OR 97477


## Relief Nursery

Provides crisis response, therapeutic classrooms, alcohol and drug recovery support, and protection for children from abuse and neglect.

 [reliefnursery.org](http://reliefnursery.org)

 (541) 343-9706

 [kellysu@reliefnursery.org](mailto:kellysu@reliefnursery.org)

 1720 W 25th Ave  
Eugene, OR 97405

## Relief Nursery Robin Jaqua Child and Family Center

Crisis response, therapeutic classrooms, and alcohol and drug recovery support. Protecting children from abuse and neglect.

 [reliefnursery.org](http://reliefnursery.org)

 (541) 485-0007


 [kellysu@reliefnursery.org](mailto:kellysu@reliefnursery.org)

 850 S 42nd St  
Springfield, OR 97478

## Sheldon Community Center

Provides health and fitness classes, trips, art classes, workshops, dance classes, early learning classrooms, and afterschool enrichment for grades K-5.

 [eugene-or.gov](http://eugene-or.gov)

 (541) 682-5312

 2445 Willakenzie Rd  
Eugene, OR 97401


Lane County


# EDUCATION & TRAINING


## Teen Challenge — Eugene Women's Center

Christ-centered drug and alcohol recovery model offering residential and short-term programs, small groups, a recovery blog, and addiction education.

 [teenchallengepnw.com](http://teenchallengepnw.com)

 (541) 344-4328

 [info.eugene@teenchallengepnw.com](mailto:info.eugene@teenchallengepnw.com)

 85989 Bailey Hill Rd  
Eugene, OR 97405



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# Recovery & Rehabilitation



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# Lane County

## RECOVERY & REHABILITATION

### Community Sharing Project

Assists individuals in meeting basic needs while they strive for independence. Includes support with food, housing, utilities, prescriptions, and is available in Spanish.



[communitysharing.org](http://communitysharing.org)



(541) 942-2176



[info@communitysharing.org](mailto:info@communitysharing.org)



1440 Birch Ave  
Cottage Grove, OR 97424

### Courageous Kids

Grief support services for children (1st-12th grades) and families coping with loss. Offerings include support groups, art therapy, and summer camp.



[courageouskidseugene.org](http://courageouskidseugene.org)



(458) 205-7474



[dwelker@peacehealth.org](mailto:dwelker@peacehealth.org)



677 E 12th Ave  
Eugene, OR 97401

### Eugene Mission

Short-term center aids homeless guests, facilitating their transition to a healthier community by offering meals, shelter, and showers.



[eugenemission.org](http://eugenemission.org)



(541) 344-3251



1542 W 1st Ave  
Eugene, OR 97402

### Oxford House — Autzen

Provides sober living for men, women, and women with children at affordable rates. They offer a peer-supported model for resident recovery.



[soberhousedirectory.com](http://soberhousedirectory.com)



(541) 654-8874




1240 River Rd  
Eugene, OR 97404

## Oxford House — Baker

Provides sober living for men, women, and women with children at affordable rates. They offer a peer-supported model for resident recovery.

 [soberhousedirectory.com](https://soberhousedirectory.com)

 (541) 246-8858

 1826 N Danebo Ave  
Eugene, OR 97402

## Oxford House — Dalton Dr

Provides sober living for men, women, and women with children at affordable rates. They offer a peer-supported model for resident recovery.

 [soberhousedirectory.com](https://soberhousedirectory.com)


 (541) 505-8517

 1740 Dalton Dr  
Eugene, OR 97404

## Oxford House — Glory Dr

Provides sober living for men, women, and women with children at affordable rates. They offer a peer-supported model for resident recovery.

 [soberhousedirectory.com](https://soberhousedirectory.com)

 (541) 505-9311


 875 Glory Dr  
Eugene OR 97404

## Oxford House — Riverbend

Provides sober living for men, women, and women with children at affordable rates. They offer a peer-supported model for resident recovery.

 [soberhousedirectory.com](https://soberhousedirectory.com)

 (541) 344-9191


 5117 Innsbrook Way  
Eugene, OR 97402

## Oxford House — Westmoreland

Provides sober living for men, women, and women with children at affordable rates. They offer a peer-supported model for resident recovery.

 [soberhousedirectory.com](https://soberhousedirectory.com)

 (541) 844-1950

 1895 Polk St  
Eugene, OR 97402

# Lane County

## RECOVERY & REHABILITATION

### Oxford House — Beverly

Provides sober living for men, women, and women with children at affordable rates. They offer a peer-supported model for resident recovery.



[soberhousedirectory.com](http://soberhousedirectory.com)



(458) 201-7762



2406 Beverly St  
Springfield, OR 97477

### Oxford House — Spencer Butte

Provides sober living for men, women, and women with children at affordable rates. They offer a peer-supported model for resident recovery.



[soberhousedirectory.com](http://soberhousedirectory.com)



(541) 653-8236



3230 Portland St  
Eugene, OR 97405

### Relief Nursery

Offers crisis response, therapeutic classrooms, and alcohol/drug recovery support to protect children from abuse and neglect.



[reliefnursery.org](http://reliefnursery.org)



(541) 343-9706



[kellysu@reliefnursery.org](mailto:kellysu@reliefnursery.org)



1720 W 25th Ave  
Eugene, OR 97405

### Relief Nursery — Robin Jaqua Child and Family Center

Offers crisis response, therapeutic classrooms, and alcohol/drug recovery support to protect children from abuse and neglect.



[reliefnursery.org](http://reliefnursery.org)



(541) 485-0007



[kellysu@reliefnursery.org](mailto:kellysu@reliefnursery.org)



850 S 42nd St  
Springfield, OR 97478

## Teen Challenge — Eugene Women's Center

Christ-centered drug and alcohol recovery model offering residential and short-term programs, small groups, a recovery blog, and addiction education.



[teenchallengepnw.com](http://teenchallengepnw.com)



(541) 344-4328



[info.eugene@teenchallengepnw.com](mailto:info.eugene@teenchallengepnw.com)



85989 Bailey Hill Rd  
Eugene, OR 97405

## Siuslaw Outreach

Provides emergency shelter, rapid re-housing aid, transport vouchers, self-sufficiency guidance, rent and utility assistance, prescription support, homeless prevention, and energy assistance.



[florencesos.org](http://florencesos.org)



(541) 997-2816



1576 12th St  
Florence, OR 97439

## Sponsors

Offers short-term housing and comprehensive services for individuals leaving prison or jail. Provides both long-term and permanent supportive housing options and a dedicated Reentry Resource Center.



[sponsorsinc.org](http://sponsorsinc.org)



(541) 485-8341



[pjsolomon@sponsorsinc.org](mailto:pjsolomon@sponsorsinc.org)



338 State Hwy 99 N  
Eugene, OR 97402

# Counseling



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# Lane County COUNSELING

## Catholic Community Services — Eugene

Provides families with a compassionate case manager to assist in accessing resources and achieving family success.

 [ccslc.org](https://ccslc.org)

 (541) 345-3628

 1464 W 6th Ave  
Eugene, OR 97402

## Catholic Community Services — Springfield

Provides families with a compassionate case manager to assist in accessing resources and achieving family success.

 [ccslc.org](https://ccslc.org)


 (541) 345-3628

 1025 G St  
Springfield, OR 97477


## Center for Community Counseling

Counseling, group classes - men's support group, grandparents raising grandchildren support group, and more.

 [ccceugene.org](https://ccceugene.org)

 (541) 344-0620

 [info@ccceugene.org](mailto:info@ccceugene.org)

 1465 Coburg Rd  
Eugene, OR 97401

## Child and Family Center at U of O

Supports families with children ages 2-17 by providing affordable mental health services and parent skills training.

 [psi.uoregon.edu](https://psi.uoregon.edu)

 (541) 346-4910

 [cfclclinic@uoregon.edu](mailto:cfclclinic@uoregon.edu)


 1600 Millrace Dr  
Ste #103  
Eugene, OR 97403



## Riverview Center for Growth

Support and help for children and teens experiencing a mental health crisis.

 [riverviewgrowth.org](http://riverviewgrowth.org)

 (541) 726-1465

 [info@riverviewgrowth.org](mailto:info@riverviewgrowth.org)

 3995 Marcola Rd  
Springfield, OR 97477

## St Vincent de Paul — Eugene

Assistance with achieving financial independence through mentorship and guidance, job and housing referrals, meals, showers, laundry facilities, and support in securing suitable housing.

 [svdp.us](http://svdp.us)

 (541) 461-8688

 450 Oregon 99  
Eugene, OR 97402

# Basic Needs **RESOURCES**

Food Pantry

Meal Provision

Clothing

Housing Assistance



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# Food Pantry



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# Lane County FOOD PANTRY

## Bethel Food Pantry

Food pantry.

Hours of Operation: 2nd & 4th Saturday  
at 9:30am – 12:30pm (subject to change).



(541) 688-9085



4445 Royal Ave  
Eugene, OR 97402

## Bethel School District Free Meals

All Bethel students are eligible to receive  
breakfast and lunch at no charge. No meal  
application is required.



[bethel.k12.or.us](http://bethel.k12.or.us)



(541) 689-3280



[catherine.panfilio@bethel.k12  
.or.us](mailto:catherine.panfilio@bethel.k12.or.us)



4640 Barger Dr  
Eugene, OR 97402

## Burrito Brigade

Burrito Brigade every Sat. & Sun.  
50+ Little Free Pantries in Eugene/Springfield  
area. Waste to Taste (appointment only food  
rescue & free food box program): M 3:45-  
6pm, T-Th 4-5:45pm, F 3-5pm)



[burritobrigade.org](http://burritobrigade.org)



(541) 632-3239



[info@burritobrigade.org](mailto:info@burritobrigade.org)



1775 W 6th Ave  
Eugene, OR 97402

## Community Food for Creswell

Food pantry.

Hours of Operation: Thur. 9:30am – 12pm



[communityfoodforcreswell.org](http://communityfoodforcreswell.org)



(541) 870-2252



[susanblachnik@gmail.com](mailto:susanblachnik@gmail.com)



364 Cobalt Ln  
Creswell, OR 97426

## Community Sharing Project

Provides food, housing, and utility assistance as they strive for self-sufficiency. Information is also accessible in Spanish. Hours of Operation: M: 1:30-6pm; T-Fri: 11am-3:30pm



[communitysharing.org](http://communitysharing.org)



(541) 942-2176



[info@communitysharing.org](mailto:info@communitysharing.org)



1440 Birch Ave  
Cottage Grove, OR 97424

## Creswell Food 4 Kids — Kings Row

Provides food, housing, and utility assistance as they strive for self-sufficiency. Information is also accessible in Spanish.



[creswellchurchofchrist.com/food-4-kids](http://creswellchurchofchrist.com/food-4-kids)



(541) 895-3328



[info@creswellchurchofchrist.com](mailto:info@creswellchurchofchrist.com)



380 Kings Row  
Creswell, OR 97426

## Creswell Food 4 Kids — S Front St

Provides easy-to-make food to Creswell school kids - ensures kids get enough food on the weekends. Options: school deliveries, home deliveries, or pick-up.



[creswellchurchofchrist.com/food-4-kids](http://creswellchurchofchrist.com/food-4-kids)



(541) 895-3328



[info@creswellchurchofchrist.com](mailto:info@creswellchurchofchrist.com)



95 S Front St  
Creswell, OR 97426

## Daily Bread — Eugene Christian Fellowship

Free groceries.

Hours of Operation: 2nd & 4th Th 10:30am-12:30pm (subject to change)



[foodfinder.oregonfoodbank.org](http://foodfinder.oregonfoodbank.org)



(541) 344-3380



89780 N Game Farm Rd  
Eugene, OR 97408

## Dexter Food Pantry

Free groceries.

Hours of Operation: 1st & 3rd T: 2 – 6pm



[foodfinder.oregonfoodbank.org](http://foodfinder.oregonfoodbank.org)



(541) 937-4229



38925 Dexter Rd  
Dexter, OR 97431

# Lane County

## FOOD PANTRY

### Florence Food Share

Provides food free of charge to those in need.

Hours of Operation: M-F 9:30am – 1pm;  
M & W 4 – 6pm; Sat 10am – 1pm



[florencefoodshare.org](http://florencefoodshare.org)



(541) 997-9110



[info@florencefoodshare.org](mailto:info@florencefoodshare.org)



2190 Spruce St  
Florence, OR 97439

### Food For Lane County

Main office is in Eugene, and there are food distribution places all across Lane County.

Hours of Operation: Mon-Fri, 8 a.m. – 5 p.m.



[www.foodforlanecounty.org](http://www.foodforlanecounty.org)



(541) 343-2822



770 Bailey Hill Road  
Eugene, OR 97402

### God's Storehouse

Food pantry.

Hours of Operation: Tues, Th: 9am – 4:30pm



[gods-storehouse.edan.io](http://gods-storehouse.edan.io)



(541) 995-8403



180 Smith St  
Harrisburg, OR 97446

### Helping Hand

Food program for residents of Marcola, OR.

Hours of Operation: 2nd Tuesday of each month 10am – 12pm



[facebook.com/people/Helping-Hand/](https://facebook.com/people/Helping-Hand/)



(541) 359-9648



[mvtaskforce@gmail.com](mailto:mvtaskforce@gmail.com)



92170 Marcola Rd  
Marcola, OR 97454

## Helping Hands Coalition

Offer free meals and essential services, along with a non-medical Mobile Community Social-Health center, personalized financial relief plans, health behavior education, and guidance.



[HelpingHandsFlorence.org](http://HelpingHandsFlorence.org)



(541) 997-5057



[helpinghands1269@gmail.com](mailto:helpinghands1269@gmail.com)



4590 U.S. 101  
Florence, OR 97439

## Hilltop Food Pantry

Free groceries.

Hours of Operation: 2nd Th 9am – 12pm;  
Rural drop-offs 3rd W 9am – 12pm



[foodfinder.oregonfoodbank.org](http://foodfinder.oregonfoodbank.org)



(541) 935-4288



25735 Crow Rd  
Eugene, OR 97402

## Trillium Produce Plus

Provides free food.

Hours of Operation: Wed. 10:30am –  
12:30pm



[foodforlanecounty.org](http://foodforlanecounty.org)



(541) 343-2822



1200 N Terry St.  
Eugene, OR 97402

## Leaburg Community Cupboard

Food pantry.

Hours of Operation: 4th Friday of each  
month 2 – 4pm.



[findhelp.org](http://findhelp.org)



45061 McKenzie Hwy  
Walterville, OR 97489

## Lowell Food Pantry

Free groceries.

Hours of Operation: 1st & 3rd Tues of  
month: 1 – 5pm. Bread Days on 2nd & 4th  
Tues: 10am – 12pm



[ci.lowell.or.us](http://ci.lowell.or.us)



(541) 914-9214



4 Lakeview St  
Lowell, OR 97452




# Lane County

## FOOD PANTRY

### Mapleton Food Share

Food pantry & Resource Center (clothing, including baby and children's clothes, furniture and appliances, and more). Emergency food help: (541) 268-2919.

 [mapletonfoodshare.org](http://mapletonfoodshare.org)

 (541) 268-2715

 karen@mapletonfoodshare.com

 10718 Oregon 126  
Mapleton, OR 97453

### MidLane Cares

Free groceries. Love Project Food Pantry, Senior Meals & Programs. Also has a community garden with 15 raised beds available for rent.

 [midlanecares.com](http://midlanecares.com)

 (541) 935-4555

 midlanecares2@gmail.com

 25035 W Broadway  
Veneta, OR 97487

### Noti Food Pantry

Food pantry. Serves anyone that comes to the pantry.

Hours of Operation: Tues 5 – 6:30pm

 [findhelp.org](http://findhelp.org)

 22540 Fir St  
Veneta, OR 97487

### Triangle Food Box

Free groceries.

Hours of Operation: 3rd Fridays  
10am – 2pm

 [trianglefoodbox.webnode.page](http://trianglefoodbox.webnode.page)

 (541) 925-3112

 brynandtim09@gmail.com

 20280 Blachly Grange Rd  
Blachly, OR 97412

# Up River Pantry

Free groceries.

Hours of Operation: 3rd Fri. 4 – 5:40pm.



[foodfinder.oregonfoodbank.org](https://foodfinder.oregonfoodbank.org)



37895 Row River Rd  
Dorena, OR 97434

# Meal Provision




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## Catholic Community Services — Eugene

Provides families with a compassionate case manager to assist in accessing resources and achieving family success.

 [ccslc.org](https://ccslc.org)

 (541) 345-3628

 1464 W 6th Ave  
Eugene, OR 97402

## Catholic Community Services — Springfield

Provides families with a compassionate case manager to assist in accessing resources and achieving family success.

 [ccslc.org](https://ccslc.org)


 (541) 345-3628


 1025 G St  
Springfield, OR 97477

## Eugene Mission

Short term rescue center helping guests transition out of homelessness and back into a healthy community. Provides meals, shelter, and showers.

 [eugenemission.org](https://eugenemission.org)

 (541) 344-3251

 1542 W 1st Ave  
Eugene, OR 97402

## Florence Food Share

Provides food free of charge to those in need.

 [florencefoodshare.org](https://florencefoodshare.org)

 (541) 997-9110


 [info@florencefoodshare.org](mailto:info@florencefoodshare.org)

 2190 Spruce St  
Florence, OR 97439


## Food Backpack for Kids

Provide pre-packaged food bags to kids each Friday to ensure they have food to eat over the weekend.

 [foodbackpackforkids.com](https://foodbackpackforkids.com)

 (541) 997-3533

 [support@foodbackpackforkids.com](mailto:support@foodbackpackforkids.com)

 1380 10th St  
Florence, OR 97439


# Lane County

## MEAL PROVISION

### Food For Lane County

The main office is in Eugene, and there are food distribution places all across Lane County.

 [foodforlanecounty.org](http://foodforlanecounty.org)

 (541) 997-3533

 770 Bailey Hill Road  
Eugene, OR 97402

### HART Community Center

Preschool, afterschool activities, community events, dental services, community garden.

 [hartcommunitycenter.org](http://hartcommunitycenter.org)

 (541) 995-7700


 [admin@hartcommunitycenter.org](mailto:admin@hartcommunitycenter.org)

 354 Smith St  
Harrisburg, OR 97446


### MidLane Cares

Free groceries. Love Project Food Pantry, Senior Meals & Programs. Also has a community garden with 15 raised beds available for rent.

 [midlanecares.com](http://midlanecares.com)

 (541) 935-4555

 [midlanecares2@gmail.com](mailto:midlanecares2@gmail.com)

 25035 W Broadway  
Veneta, OR 97487

### St Vincent de Paul — Eugene Service Station

Assistance with achieving financial independence through mentorship and guidance, job and housing referrals, meals, showers, and laundry facilities.

 [svdp.us](http://svdp.us)


 (541) 461-8688

 450 Oregon 99  
Eugene, OR 97402

## St Vincent de Paul — First Place Family Center

Assistance with achieving financial independence through mentorship and guidance, job and housing referrals, meals, showers, and laundry facilities.

 [svdp.us](http://svdp.us)

 (541) 342-7728


 4060 W Amazon Dr  
Eugene, OR 97405

## The Dining Room

Assistance with achieving financial independence through mentorship and guidance, job and housing referrals, meals, showers, and laundry facilities.

 [foodforlanecounty.org](http://foodforlanecounty.org)

 (541) 343-2822

 770 Bailey Hill Rd  
Eugene, OR 97402

# Clothing



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## Better Living Center

Free used clothing and household items.

 [florencior.adventistchurch.org](http://florencior.adventistchurch.org)

 (541) 997-2137

 85134 U.S. 101  
Florence, OR 97439

## Helping Hands Coalition

Offer free meals and essential services, along with a non-medical Mobile Community Social-Health center, personalized financial relief plans, health behavior education, and guidance.

 [HelpingHandsFlorence.org](http://HelpingHandsFlorence.org)

 (541) 997-5057


 [helpinghands1269@gmail.com](mailto:helpinghands1269@gmail.com)

 4590 U.S. 101  
Florence, OR 97439

## St Vincent de Paul— First Place Family Center

Assistance with achieving financial independence through mentorship and guidance, job and housing referrals, meals, showers, and laundry facilities.

 [svdp.us](http://svdp.us)

 (541) 342-7728

 4060 W Amazon Dr  
Eugene, OR 97405

## Mapleton Food Share

Food pantry & Resource Center (clothing, including baby and children's clothes, furniture and appliances, and more). Emergency food help: (541) 268-2919. Resource Center: Call Carol (541) 305-1330

 [mapletonfoodshare.org](http://mapletonfoodshare.org)

 (541) 268-2715

 [karen@mapletonfoodshare.com](mailto:karen@mapletonfoodshare.com)

 10718 Oregon 126  
Mapleton, OR 97453

# Housing Assistance

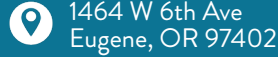
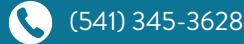


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## Catholic Community Services — Eugene

Provides families with a compassionate case manager to assist in accessing resources and achieving family success.



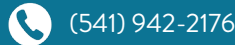
## Catholic Community Services — Springfield

Provides families with a compassionate case manager to assist in accessing resources and achieving family success.



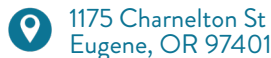
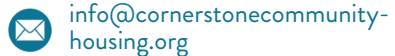
## Community Sharing Project

Provides food, housing, and utility assistance as they strive for self-sufficiency. Information is also accessible in Spanish.



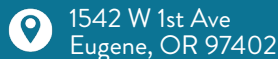
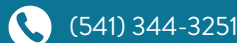
## Cornerstone Community Housing

Affordable housing & services for low-income individuals. Youth programs include art, education, and recreation services.



## Eugene Mission

Short term rescue center helping guests transition out of homelessness and back into a healthy community. Provides all meals, baggage, and showers.



# Lane County

# HOUSING ASSISTANCE

## Helping Hands Coalition

Offer free meals and essential services, along with a non-medical Mobile Community Social-Health center, personalized financial relief plans, health behavior education, and guidance.



[HelpingHandsFlorence.org](http://HelpingHandsFlorence.org)



(541) 997-5057



[helpinghands1269@gmail.com](mailto:helpinghands1269@gmail.com)



4590 U.S. 101  
Florence, OR 97439

## Oxford House — Autzen

Provides sober living for men, women, and women with children at affordable rates. They offer a peer-supported model for resident recovery.



[soberhousedirectory.com](http://soberhousedirectory.com)



(541) 654-8874



1240 River Rd  
Eugene, OR 97404

## Oxford House — Baker

Provides sober living for men, women, and women with children at affordable rates. They offer a peer-supported model for resident recovery.



[soberhousedirectory.com](http://soberhousedirectory.com)



(541) 246-8858



1826 N Danebo Ave  
Eugene, OR 97402

## Oxford House — Beverly

Provides sober living for men, women, and women with children at affordable rates. They offer a peer-supported model for resident recovery.



[soberhousedirectory.com](http://soberhousedirectory.com)



(458) 201-7762




2406 Beverly St  
Springfield, OR 97477

## Oxford House — Dalton Dr

Provides sober living for men, women, and women with children at affordable rates. They offer a peer-supported model for resident recovery.

 [soberhousedirectory.com](https://soberhousedirectory.com)

 (541) 505-8517

 1740 Dalton Dr  
Eugene, OR 97404

## Oxford House — Glory Dr

Provides sober living for men, women, and women with children at affordable rates. They offer a peer-supported model for resident recovery.

 [soberhousedirectory.com](https://soberhousedirectory.com)


 (541) 505-9311


 875 Glory Dr  
Eugene, OR 97404

## Oxford House — Riverbend

Provides sober living for men, women, and women with children at affordable rates. They offer a peer-supported model for resident recovery.

 [soberhousedirectory.com](https://soberhousedirectory.com)

 (541) 344-9191

 5117 Innsbrook Way  
Eugene, OR 97402

## Oxford House — Spencer Butte

Provides sober living for men, women, and women with children at affordable rates. They offer a peer-supported model for resident recovery.

 [soberhousedirectory.com](https://soberhousedirectory.com)


 (541) 653-8236

 3230 Portland St  
Eugene, OR 97405

## Oxford House — Westmoreland

Provides sober living for men, women, and women with children at affordable rates. They offer a peer-supported model for resident recovery.

 [soberhousedirectory.com](https://soberhousedirectory.com)

 (541) 844-1950

 1895 Polk St  
Eugene, OR 97402

Lane County

# HOUSING ASSISTANCE

## Siuslaw Outreach

Provides emergency shelter, rapid re-housing aid, transport vouchers, self-sufficiency guidance, rent and utility assistance, prescription support, homeless prevention, and energy assistance.



[florencesos.org](https://florencesos.org)



(541) 997-2816



1576 12th St  
Florence, OR 97439

## Sponsors

Offers short-term housing and comprehensive services for individuals leaving prison or jail. Provides both long-term and permanent supportive housing options and a dedicated Re-entry Resource Center.



[sponsorsinc.org](https://sponsorsinc.org)



(541) 485-8341



[pjsolomon@sponsorsinc.org](mailto:pjsolomon@sponsorsinc.org)



338 State Hwy 99 N  
Eugene, OR 97402

## St Vincent de Paul — Eugene Service Station

Assistance with achieving financial independence through mentorship and guidance, job and housing referrals, meals, showers, and laundry facilities.



[svdp.us](https://svdp.us)



(541) 461-8688



450 Oregon 99  
Eugene, OR 97402

# Community Support **SERVICES**

Legal Assistance

Low Cost Medical Care




Lane County

# LEGAL ASSISTANCE

## St Vincent de Paul — First Place Family Center

Assistance with achieving financial independence through mentorship and guidance, job and housing referrals, meals, showers, and laundry facilities.

 [svdp.us](http://svdp.us)

 (541) 342-7728

 4060 W Amazon Dr  
Eugene, OR 97405


Lane County

# LOW COST MEDICAL CARE


## HART Community

Preschool, afterschool activities, community events, dental services, community garden.

 [hartcommunitycenter.org](http://hartcommunitycenter.org)

 (541) 995-7700

 [admin@hartcommunitycenter.org](mailto:admin@hartcommunitycenter.org)

 354 Smith St  
Harrisburg, OR 97446

## Mid Lane Cares

Free groceries. Love Project Food Pantry, Senior Meals & Programs. Also has a community garden with 15 raised beds available for rent.

 [midlanecares.com](http://midlanecares.com)

 (541) 935-4555

 [midlanecares2@gmail.com](mailto:midlanecares2@gmail.com)

 25035 W Broadway  
Veneta, OR 97487

# Emergency **SERVICES**

**Youth Crisis**

**Domestic Violence**

**Shelters & Temporary Housing**



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# Youth Crisis



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# Lane County YOUTH CRISIS

## Adaptive Recreation Services

Year-round community-based recreational, social, and educational programs for Eugene area children, teens and adults with disabilities.



[eugene-or.gov](http://eugene-or.gov)



(541) 682-5311



2580 Hilyard St  
Eugene, OR 97405

## Bridgeway House — Eugene

Offers treatments, developmental therapies, enrichment courses, and support for children and families with autism and related abilities.



[bridgewayhouse.org](http://bridgewayhouse.org)



(541) 345-0805



555 E 15th Ave  
Eugene, OR 97401

## Child and Family Center at U of O

Supports families with children ages 2-17 by providing affordable mental health services and parent skills training.



[psi.uoregon.edu](http://psi.uoregon.edu)



(541) 346-4910



[cfcclinic@uoregon.edu](mailto:cfcclinic@uoregon.edu)



1600 Millrace Dr #103  
Eugene, OR 97403

## Courageous Kids

Grief support services for children (1st-12th grades) and families coping with loss. Offerings include support groups, art therapy, and summer camp.



[courageouskidseugene.org](http://courageouskidseugene.org)



(458) 205-7474



[dwelker@peacehealth.org](mailto:dwelker@peacehealth.org)



677 E 12th Ave  
Eugene, OR 97401

## Creswell Clubhouse

Low-cost youth development program for children in the community of Creswell: clubs, activities, classes.



[creswellclubhouse.org](http://creswellclubhouse.org)



(541) 852-6034



[creswellclubhouse@gmail.com](mailto:creswellclubhouse@gmail.com)



364 Cobalt Ln  
Creswell, OR 97426

## Peterson Barn

Offers programs for youth, family and seniors. Facilitates preschool and after-school programs, live performances, neighborhood gatherings, and more.



[eugene-or.gov](http://eugene-or.gov)



(541) 682-5521



870 Berntzen Rd  
Eugene, OR 97402



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# Domestic Violence



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## Relief Nursery

Offers crisis response, therapeutic classrooms, and alcohol/drug recovery support to protect children from abuse and neglect.

-  [reliefnursery.org](http://reliefnursery.org)
-  (541) 343-9706
-  [kellysu@reliefnursery.org](mailto:kellysu@reliefnursery.org)
-  1720 W 25th Ave  
Eugene, OR 97405

## Relief Nursery — Robin Jaqua Child and Family Center

Offers crisis response, therapeutic classrooms, and alcohol/drug recovery support to protect children from abuse and neglect.

-  [reliefnursery.org](http://reliefnursery.org)
-  (541) 485-0007
-  [kellysu@reliefnursery.org](mailto:kellysu@reliefnursery.org)
-  850 S 42nd St  
Springfield, OR 97478

## Siuslaw Outreach

Provides emergency shelter, rapid re-housing aid, transport vouchers, self-sufficiency guidance, rent and utility assistance, prescription support, homeless prevention, and energy assistance.

-  [florescesos.org](http://florescesos.org)
-  (541) 997-2816
-  1576 12th St  
Florence, OR 97439

# Shelters & Temporary Housing



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## Eugene Mission

Short term rescue center helping guests transition out of homelessness and back into a healthy community. Provides all meals, baggage, and showers.

 [eugenemission.org](http://eugenemission.org)

 (541) 344-3251

 1542 W 1st Ave  
Eugene, OR 97402

## Oxford House — Autzen

Provides sober living for men, women, and women with children at affordable rates. They offer a peer-supported model for resident recovery.

 [soberhousedirectory.com](http://soberhousedirectory.com)


 (541) 654-8874

 1240 River Rd  
Eugene, OR 97404

## Oxford House — Baker

Provides sober living for men, women, and women with children at affordable rates. They offer a peer-supported model for resident recovery.

 [soberhousedirectory.com](http://soberhousedirectory.com)

 (541) 246-8858

 1826 N Danebo Ave  
Eugene, OR 97402

## Oxford House — Beverly

Provides sober living for men, women, and women with children at affordable rates. They offer a peer-supported model for resident recovery.

 [soberhousedirectory.com](http://soberhousedirectory.com)


 (458) 201-7762

 2406 Beverly St  
Springfield, OR 97477

## Oxford House — Dalton Dr

Provides sober living for men, women, and women with children at affordable rates. They offer a peer-supported model for resident recovery.

 [soberhousedirectory.com](http://soberhousedirectory.com)

 (541) 833-0017

 1740 Dalton Dr  
Eugene, OR 97404

# Lane County

## SHELTERS & TEMPORARY HOUSING

### Oxford House — Glory Dr

Provides sober living for men, women, and women with children at affordable rates. They offer a peer-supported model for resident recovery.



[soberhousedirectory.com](https://soberhousedirectory.com)



(541) 505-9311



875 Glory Dr  
Eugene, OR 97404

### Oxford House — Riverbend

Provides sober living for men, women, and women with children at affordable rates. They offer a peer-supported model for resident recovery.



[soberhousedirectory.com](https://soberhousedirectory.com)



(541) 344-9191



5117 Innsbrook Way  
Eugene, OR 97402

### Oxford House — Spencer Butte

Provides sober living for men, women, and women with children at affordable rates. They offer a peer-supported model for resident recovery.



[soberhousedirectory.com](https://soberhousedirectory.com)



(541) 653-8236



3230 Portland St  
Eugene, OR 97405

### Oxford House — Westmoreland

Provides sober living for men, women, and women with children at affordable rates. They offer a peer-supported model for resident recovery.



[soberhousedirectory.com](https://soberhousedirectory.com)



(541) 844-1950





1895 Polk St  
Eugene, OR 97402

## Siuslaw Outreach

Provides emergency shelter, rapid re-housing aid, transport vouchers, self-sufficiency guidance, rent and utility assistance, prescription support, homeless prevention, and energy assistance.

 [florescesos.org](https://florescesos.org)

 (541) 997-2816

 1576 12th St  
Florence, OR 97439

## Sponsors

Offers short-term housing and comprehensive services for individuals leaving prison or jail. Provides both long-term and permanent supportive housing options and a dedicated Reentry Resource Center.

 [sponsorsinc.org](https://sponsorsinc.org)

 (541) 485-8341

 [pjsolomon@sponsorsinc.org](mailto:pjsolomon@sponsorsinc.org)

 338 State Hwy 99 N  
Eugene, OR 97402

# National **RESOURCES**

**Pregnancy Resources**

**Abortion Healing Resources**

**Support for Special Cases**

**Other Support**

National

# PREGNANCY RESOURCES

## Abortion Pill Reversal

Free, confidential help, information about the abortion pill reversal process, the abortion pill itself, and information on all your pregnancy options. Quickly connects you to the local assistance you need.



[abortionpillreversal.com](https://abortionpillreversal.com)



1-877-558-0333 (24/7 line)



help@apr.life - immediate help  
info@apr.life - non-emergency

## For Every Woman

Connecting you with high-quality, no-cost medical care and resources for pregnancy and beyond.



[foreverywoman.org](https://foreverywoman.org)



info@foreverywoman.org

## Option Line

Call the hotline or use the online chat to explore your pregnancy options.



[optionline.org](https://optionline.org)



1-800-712-4357 (call or text)

## ProLove Ministries

Connecting women and families with resource organizations.



[proloveministries.org](https://proloveministries.org)




(833) 477-6588

## Standing With You

Support and resource connections for pregnant and parenting women.

 [standingwithyou.org](https://standingwithyou.org)

 (540) 834-4600

 [pregnancyresources@standingwithyou.org](mailto:pregnancyresources@standingwithyou.org)

## StandUpGirl Foundation

Pregnancy resource directory and support.

 [standupgirl.com](https://standupgirl.com)

 (503) 554-5683

## Worldwide Directory of Pregnancy Help

Directory of worldwide pregnancy resources.


 [heartbeatinternational.org](https://heartbeatinternational.org)

## National

# ABORTION HEALING RESOURCES

## Helpline for Abortion Recovery

24/7 helpline staffed by trained consultants who provide a confidential, safe place to share your story.

 1-866-482-5433

## Choices: After Abortion Support

Confidential support and a safe place to talk about your abortion experience.



[afterabortionsupport.com](https://afterabortionsupport.com)



(423) 266-8322 (call or text)

## GriefShare

Find a grief and loss support group near you.



[griefshare.org](https://griefshare.org)



(800) 395-5755



[info@griefshare.org](mailto:info@griefshare.org)

## Healing Hearts Ministry

Studies for those healing from past experiences with abortion and other experiences.



[healinghearts.org](https://healinghearts.org)



(505) 355-6922



P.O. Box 44670 Rio Rancho,  
NM 87174

## HEART

Abortion recovery and support groups for women grieving past abortion decisions.



[supportcc.org](https://supportcc.org)



(540) 885-6261



[contact@ccwomenshealth.org](mailto:contact@ccwomenshealth.org)

## Rachel's Vineyard

Weekend retreats with a supportive, confidential and non-judgmental environment where women and men can begin the post-abortive healing process.



[rachelsvineyard.org](https://rachelsvineyard.org)



(610) 354-0555



[Zassistant@rachelsvineyard.org](mailto:Zassistant@rachelsvineyard.org)




808 N. Henderson Road 2nd  
Floor King of Prussia, PA 19406

## SaveOne

Helping men, women, and families recover after abortion.

 [saveone.org](https://saveone.org)

 (615) 636-2654


 [info@saveone.org](mailto:info@saveone.org)

 114 Canfield Place, Suite B-6  
Hendersonville, TN 37075

## Silent No More

Abortion healing and awareness.

 [silentnomoreawareness.org](https://silentnomoreawareness.org)

 412-749-0455  
888-735-3448

 [Mail@SilentNoMore.com](mailto:Mail@SilentNoMore.com)

## Surrendering the Secret

A ministry to help women and men heal from the hurt of abortion.

 [surrenderingthesecret.com](https://surrenderingthesecret.com)

 [stsinternational15@gmail.com](mailto:stsinternational15@gmail.com)

## National

# SUPPORT FOR SPECIAL CASES

## Be Not Afraid

Supporting parents carrying to term following a prenatal diagnosis.

 [benotafraid.net](https://benotafraid.net)



## Carrying to Term


 [carryingtoterms.org](http://carryingtoterms.org)

Providing non-directive information on pregnancy continuation for prenatal diagnoses of life-limiting conditions.

## National Down Syndrome Society

Empowering individuals with Down syndrome and their families.

 [ndss.org](http://ndss.org)


 (800) 221-4602

 [info@ndss.org](mailto:info@ndss.org)

## Prenatal Diagnosis

Support and connections for parents who have received a prenatal test result for their child.

 [prenataldiagnosis.org](http://prenataldiagnosis.org)

 (888) 517-5588  
(24/7 - call or text)

## SOFT

Empowering families with children diagnosed with Trisomy 18, 13 and related chromosomal disorders.

 [trisomy.org](http://trisomy.org)

## Verity's Village

A community providing hope, encouragement, education, and practical support for families who receive a life-limiting prenatal diagnosis for their babies.

 [veritysvillage.com](http://veritysvillage.com)

# National

## OTHER SUPPORT

### Adoption Network

An independent adoption center providing caring professional adoption services for birth mothers and adoptive parents nationwide.



[adoptionnetwork.com](https://adoptionnetwork.com)



1-800-367-2367

### And Then There Were None

Support for those quitting jobs in the abortion industry.



[abortionworker.com](https://abortionworker.com)



(888) 570-5501 (call or text)

### Safe Families

A network of caring and compassionate volunteers supporting families facing social isolation.



[safe-families.org](https://safe-families.org)



(773) 653-2200



[info@safefamilies.net](mailto:info@safefamilies.net)

### Safe House Project

Working to eradicate sex trafficking. Provides safe houses, emergency services, and education.



[safehouseproject.org](https://safehouseproject.org)



(507) 769-0819



[info@safehouseproject.org](mailto:info@safehouseproject.org)

# The Abortion Survivor Network

Support for abortion survivors.



[abortionsurvivors.org](https://abortionsurvivors.org)



(816) 737-8685



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EDUCATION FOUNDATION

**4335 River Rd N Keizer, OR 97303**

**Phone: (503) 463-8563**

**Email: [ortl@ortl.org](mailto:ortl@ortl.org)**

**Follow Us!**

